



## Newsletter October 2021

### Diane Fuchs, Director

Welcome to October!! I hope by now your children are into their school routines and enjoying their new classrooms. Each month a newsletter is sent home via e-mail so we can communicate with you about our program. In it you will find information about upcoming events, changes in policies, and other tidbits of information that are important to you and your child. Please take time to read it.



Also attached will be a calendar from your child's teacher of activities and events happening that month. Please keep it handy for any important dates. Please feel free to ask the teachers if you have any questions about what your child is working on during the week. If you need further clarification, feel free to contact me. My office hours are from 8:00 am to 2:00 pm Monday through Friday.

### **ILLNESS OF A CHILD**

With the cold and flu season fast approaching; it is important that we maintain a healthy environment. For the benefit of everyone in our Center, please keep your children home if they do not feel well (diarrhea, fever, vomiting, congestion, uncontrolled runny nose, or coughing).



## TUITION CHECKS..

Remember that tuition checks are due on the first day of the month that your child comes to school. A late fee of \$15.00 will be added on the 15<sup>th</sup> of the month if we don't receive payment with an additional \$10.00 per week until account is made current, as stated in our Parent Handbook. Please put your checks in the mailbox by the front door or the back door, depending which door your child enters and exits. The mailboxes will be checked daily; in the morning and after dismissal.

Please send your children to school in clothing that they can easily pull up and down for toileting purposes. Clothing without belts or snaps is best for them. It is important for the children to learn to take care of their own toilet time needs and they should have clothing that is easy for them to deal with. In addition – children should wear sneakers to school for safety purposes on the playground.

**REMINDER: PLEASE LABEL ALL OF YOUR CHILDREN'S BELONGINGS.**



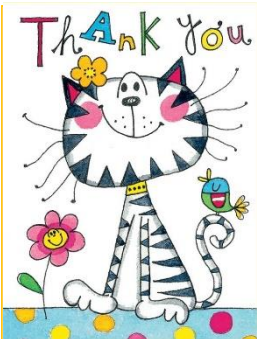
This year WLC will again be having a fundraiser through Boon Supply. There are great items such as reusable bags, containers, wrapping paper, household items, and even accessories. Everything is online – no catalogs.

Look for more information later this month.

This year we are also offering a birthday t-shirt fundraiser. You should have received the information in an email from Mrs. Tani. If you need an additional order form, please email or call the office.



**DON'T FORGET!!! GET YOUR CHILD'S FLU SHOT AND TURN IN THE FORM TO THE SCHOOL OFFICE.... THEY ARE DUE BY DECEMBER 31<sup>ST</sup>.**



A huge  
Thank You  
To the

Kearns Family & Castle  
Hill Farm for the  
awesome fall  
decorations at the front  
of the school.  
You are special.

# Kids Corner

WHAT DO YOU CALL A PIG  
THAT DOES KARATE?



PORK CHOP

**Q: What do you call a  
bear with no teeth?  
A: A gummy bear.**

NEWTOWN UNITED  
METHODIST CHURCH

**Craft  
Fair**

Reed Intermediate School  
Newtown

Sat, Oct. 16<sup>th</sup>

10:00 – 4:00

A great place to start your  
holiday shopping or pick up  
some great items for  
yourself or your home.

WHAT KIND OF SHORTS  
DO CLOUDS WEAR?



THUNDERWEAR

**Q. What do you call a train carrying  
bubblegum?  
A. A Chew – Chew train...**



National Association for the  
Education of Young Children

## Message in a Backpack™ Focus and Self-Control

*Self-control and focus are both important skills for children to practice in order to succeed in school. Children play many fun games and activities in the classroom to help them learn these key life skills. Here are some that you and your child can do together at home.*

**Swap in different words to favorite songs.** Have fun singing songs with a twist. For example, sing “The wheels on the train go round and round” instead of “The wheels on the bus go round and round.” Does your child notice when you use different words? This game can help children develop listening skills.

**Play games like Simon Says, I Spy, and “I’m thinking of something that starts with the letter.....”** These games help children practice focusing, paying attention, and remembering rules – all while having fun.

**Play an opposite game.** To help your child think flexibly, try playing a game where you do the opposite of what you say; for example, say “Simon says, touch your feet” while you touch your head. Or say you will dance quickly to slow music, then put on fast music and dance slowly.

**Play sorting games while cleaning up.** Suggest picking up toys of a particular type, color, or shape. “Let’s pick up the blue crayons first, then the red crayons.” Even cleanup time can be fun and help children focus and think flexibly.

**Try singing a song while waiting in line or at a restaurant.** Children who have tools to help them manage their behavior while waiting – like singing a favorite song – are ultimately more successful in pursuing goals with less frustration and distraction.

**Choose books, games, and activities that reflect things your child finds interesting** - whether it’s trucks, flowers, or bugs! Children focus best when they care about a topic. What does your child talk about? What themes come up as she plays?

These activities are adapted from Ellen Galinsky’s article “Skill 1: Focus and Self Control,” the second in her series The 7 Essential Life Skills, in TYC, volume 9, number 3, page 10.