



Diane Fuchs, Director

Hello Parents!!

We are almost out of the dreary and cold winter months and are looking forward to the warmer weather. We hope to spend more time outside so please make sure your child is dressed appropriately for outdoor play.

During the month of March we will be having a coffee fundraiser through BD Provisions. For every bag we sell we will earn \$7. We hope you will support our efforts and reach out to family and friends.

As I have previously mentioned, registrations are open for the 2022 – 2023 school year. If you haven't sent in your pre-registration form, please do to secure a spot for your child. If you have any questions about placement, please call me at your convenience and I would be happy to discuss the options. Also, if you refer a family to Wesley and they register with fees paid, you will receive a \$100. credit towards your child's tuition.

Please let me know if you have any comments, concerns, or questions. I would be happy to discuss the good and the bad with you at any time.

Diane Fuchs



Carlson / Erkan Fours Class  
Held on Friday, April 1<sup>st</sup>

ALL OTHER CLASSES  
Held on Friday, April 8<sup>th</sup>

NO SCHOOL FOR STUDENTS  
ON CONFERENCE DAY.



No School – Mon, April 11<sup>TH</sup> thru  
Fri., April 15<sup>TH</sup>  
Spring Break



**CEREMONIES**

Dates to be determined  
in early April



In April we will be asking all parents to complete a Teacher/Program Evaluation sheet and return it to the office by April 18<sup>th</sup> . These evaluations are a valuable tool for myself and the board to evaluate our program. So please make this a priority in your pile of paperwork. We need to have HONEST feedback; the good with the bad. Many thanks for your cooperation.....

## ***CONFERENCES:***

In April, we will be holding Parent-Teacher Conferences. Your teacher will be in touch with you for a time slot. The following is a list of suggested questions that you could use during your 15 minute conference time. You will also receive a Progress Report before your scheduled conference. Take the time to review it and high light any questions or concerns you might have. Remember, the Progress Report is a snapshot of how we see your child in school.

- Does my child seem happy?
- Is he / she a leader or a follower?
- How well do they transition from one activity to another.
- Does my child respond when spoken to by the teacher? By the other students?
- Does my child participate in circle time, with other children during free playtime, in the general program?
- Do you (as the teacher) have any concerns about he / she moving to the next level? (ie: 4 year old program to Kindergarten)
- Is there anything we need to work on at home?
- How does my child deal with conflict?
- Have you seen growth in my child? In what areas?

- How is my child's communication skills?

Conferences can be stressful, but by now I am sure that you are comfortable with your child's teachers and the program to get the most out of this valuable time. Just do a little preparation before your appointment and everything will be great.



**Scholastic Book Orders are due  
by March 17<sup>th</sup>.**



i ♥ books



*Have A Great Month!!*

# Message in a Backpack <sup>™</sup> Focus and Self-Control

---

Self-control and focus are both important skills for children to practice in order to succeed in school. Children play many fun games and activities in the classroom to help them learn these key life skills. Here are some that you and your child can do together at home.

Swap in different words to favorite songs. Have fun singing songs with a twist. For example, sing "The wheels on the train go round and round" instead of "The wheels on the bus go round and round." Does your child notice when you use different words? This game can help children develop listening skills.

Play games like Simon Says, I Spy, and "I'm thinking of something that starts with the letter..." These games help children practice focusing, paying attention, and remembering rules - all while having fun.

Play an opposite game. To help your child think flexibly, try playing a game where you do the opposite of what you say; for example, say "Simon says, touch your feet" while you touch your head. Or say you will dance quickly to slow music, then put on fast music and dance slowly.

Play sorting games while cleaning up. Suggest picking up toys of a particular type, color, or shape. "Let's pick up the blue crayons first, then the red crayons." Even cleanup time can be fun and help children focus and think flexibly.

Try singing a song while waiting in line or at a restaurant. Children who have tools to help them manage their behavior while waiting - like singing a favorite song- are ultimately more successful in pursuing goals with less frustration and distraction.

Choose books, games, and activities that reflect things your child finds interesting - whether it's trucks, flowers, or bugs! Children focus best when they care about a topic. What does your child talk about? What themes come up as she plays?